

Following on from St Michael's Climate Sunday service, ideas on this sheet have been produced to help you reflect on how you can do something to care for creation in a new or greater way.

LIFESTYLE AUDIT

Measure your Footprint

Each of us has a 'carbon footprint' which represents how we live and the lifestyle choices we make. Why not take a few minutes to calculate your footprint, and think about ways you could start to reduce it? Climate Stewards' carbon footprint calculator 'Footprintr' asks a few simple questions about your travel, household bills, food and waste, and then invites you to see whether your shopping, leisure and holidays mean that you are more of a 'Low Carbon Lucy' or a Carbon-Hungry Harry' - or somewhere in between!

<https://footprintr.me/>

Check your environmental footprint

Our lifestyle choices make up our environmental footprint. And the World Wildlife Fund says measuring yours takes less than five minutes and could change the way you live

<https://footprint.wwf.org.uk/#/>

YOU AND YOUR TRAVEL

Find out about eco-car

Find out about eco-car How kind is your car to the environment? What kind of car should you buy, that won't burn up the planet's resources? Read these pages for information on green vehicles.

<https://www.greencarguide.co.uk/>

Give public transport a chance

Most of us know using public transport is better for the environment and can even offer a cheaper and quicker route. But in reality, the number of cars on the road is continuing to rise. So what is it that's stopping people from ditching the more expensive – not to mention less green – private forms of transport that we see on the road? This website looks at the pros and cons of both forms of getting from A to B.

<https://energysavingsecrets.co.uk/publictransportvsprivatetransportthedebate/>

YOU AND YOUR WASTE

Create a Compost Heap

A great source of bulky, organic material is your own garden compost. The best time to make some is in spring, because it will rot down faster. It's easy to make, it costs nothing and it does the garden a whole lot of good. Here is the BBC's step-by-step guide to making your own compost heap

<https://www.gardenersworld.com/how-to/maintain-the-garden/how-to-make-compost/>

Saving Water

Wasting water is another problem we need to tackle. Do you want to know how much water you use, and where you can make savings? Anglian Water has produced an online questionnaire to work out your average water usage and highlight ways in which you can save water.

<https://www.anglianwater.co.uk/help-and-advice/save-water/water-usage-calculator/#>